

Nicole C. Dingwell Frenndt, LMSW CAADC CCS  
(517) 599-1247  
Lansing, Michigan USA  
admin@nicoledingwell.com

## EDUCATION

2022 – 2025 **Doctorate in Health Administration** – Central Michigan University-current student  
2009-2010 **Master of Social Work** -University of Michigan (Interpersonal – Families and Youth; Minor-Human Services Management)  
2006-2009 **Bachelor of Social Work**– Michigan State University (Certificate in Diversity)  
1992-1998 **Associate**– General Education (Secondary Music Education Major)

## LICENSES

**Licensed Master Social Worker** - State of Michigan, United States – 6801092564  
**Licensed Independent Clinical Social Worker** – State of Minnesota, United States-32279  
**Licensed Clinical Social Worker** – State of Wisconsin, United States – 11363-123  
**Licensed Independent Social Worker** – State of Ohio, United States - I.2304645  
**Licensed Clinical Social Worker** – State of Florida, United States – SW21814

## CERTIFICATES

**Clinical Supervisor – Substance Abuse & Clinical** – International Certification & Reciprocity Consortium, Michigan Chapter of NASW and Michigan Certification Board for Addiction Professionals (MCBAP)  
**Supervisor -Certified Sexual Addiction Therapist**–International Institute for Trauma and Addictions Professionals  
**Certified Multiple Addictions Therapist: Financial Disorders** - International Institute for Trauma and Addictions Professional  
**EMDR Practitioner** – EMDR International Association  
**Trauma-Focused Cognitive Behavioral Therapy** – National Child Traumatic Stress Network, Michigan State University & Western Michigan University

## WORK EXPERIENCE

**2019-cur Anahata Consulting, PLLC – Private Practice – Therapist & Consultant**– Sex addiction, sex therapy, addiction, and trauma specialist. Clinical supervision for limited license social workers and clinicians earning addiction certificates. [www.nicoledingwell.com](http://www.nicoledingwell.com)  
**2013-cur GPS Guide to Personal Solutions – Founder & Director** – Day-to-day operations including human resources, hiring, finances, record keeping, and year-end reporting. Supervised state-licensed substance abuse facility. [www.gpslansing.com](http://www.gpslansing.com)  
**20011-cur University of Michigan – Clinical & Management Field Supervisor** – Clinical supervision of MSW students, monitor adherence to learning agreements and semester-end evaluation.  
**2013-2019 EBH PLLC – Private Practice – Therapist** – Sex addiction, sex therapy, addiction, and trauma specialist. Clinical supervision for limited license social workers and clinicians earning addiction certificates  
**2013-2013 Jackson, Lenawee, and Hillsdale County Catholic Charities** – Criminal Sexual Conduct Therapist – Assessment, Group and Individual Treatment of State parolee criminal sexual conduct clients. Utilizing VASOR, Static-99, and RNR risk assessment tools, coordinating care and community supervision with state parole officers.  
**2012-2013 Mental Health/Substance Abuse Therapist** – Consumer Services Inc./Taylor Life Center – Owosso, Michigan. Individual, couple, child, and family treatment for mental health, substance abuse, and criminal sexual conduct clients.

**Nicole C. Dingwell Frendt, LMSW CAADC CCS**  
**(517) 599-1247**  
**Lansing, Michigan USA**  
**admin@nicoledingwell.com**

- 2010- 2013. Mental Health/Substance Abuse Therapist – St. Vincent Catholic Charities Counseling Services  
Assessment, treatment planning, and intervention with individuals, couples & children. St
- 2010- 2011 Case Manager – New Directions/St. Vincent Catholic Charities – Clinical assessment and  
treatment planning for substance abuse clients referred by Child Protective Services &  
Family Dependency Drug Court. Provide treatment recommendations, follow up with  
treatment providers, coordinate team meetings, complete court reports, and provide court  
testimony.
- 2009-2010 MSW Student Intern - St. Vincent Catholic Charities Counseling Services – Individual,  
couple, child, family, & group assessment, treatment planning, and intervention for  
mental health and substance abuse clients. Facilitate substance abuse treatment groups  
for the Michigan Department of Corrections parolees—administrative duties of case  
review, database development, and coordinating intakes.
- 2008-2009 Wraparound Facilitator - Clinton Eaton and Ingham County Community Mental Health.  
Coordinate Impact System of Care for Severe Emotionally Disturbed Youth in Ingham  
County. Facilitating team meetings for youth and family systems involved in the juvenile  
justice system and family court.

## **PUBLICATIONS**

### **Edited Book Chapters**

**Dingwell Frendt, N.** (2023). New Zealand: He Waka Eke Noa—We Are All in This Together. In Johnson, J., &  
DeShore, N. (Eds), *COVID-19 Global Pandemic: The World Responds*. (pp). Sentia Publishing.

### **Peer Reviewed Journals**

**Dingwell, N., & Timm, T.** (2008). Childhood sexuality: What professionals need to know. *The Michigan Child  
Welfare Journal*.

## **PROFESSIONAL ASSOCIATIONS**

**American College of Healthcare Executives**

**American Public Health Association**

**Association for the Treatment of Sexual Abusers-Clinical Membership National Chapter**

**Association of Universities in Programs in Health Administration**

**EMDR International Association**

**American Sociology Association**

**International Association of Schools of Social Work**

**International Association International Federation of Social Workers**

**International Leadership Association**

**Jamaican Psychological Society – International Affiliate Member**

**National Association of Social Workers- North Carolina International Chapter American Sociology  
Association**