

## **EDUCATION**

- 2022-cur Doctorate of Health Administration – Central Michigan University  
2009-2010 MSW – University of Michigan (Interpersonal – Families, and Youth; Minor-Human Services Management)  
2006-2009 BSW – Michigan State University (Certificate in Diversity)

## **CERTIFICATES**

- Graduate Certificate in Mixed Methods Research* – University of Michigan  
*Trauma-Focused Cognitive Behavioral Therapy* – National Child Traumatic Stress Network, Michigan State University, and Western Michigan University  
*EMDR Practitioner* – EMDRIA  
*Clinical Supervisor – Substance Abuse & Clinical* – Michigan Chapter of NASW and Michigan Certification Board for Addiction Professionals (IC & RC)  
*Certified Multiple Addictions Therapist – Financial Disorders-* International Institute for Trauma and Addictions Professional  
*Certified Sexual Addiction Therapist & Supervisor* - International Institute for Trauma and Addiction Professionals

## **WORK EXPERIENCE**

- 2019-cur **Anahata Consulting, PLLC – Private Practice – Therapist** – Sex addiction, sex therapy, addiction, and trauma specialist. Clinical supervision for limited license social workers and clinicians earning addiction certificates. [www.nicoledingwell.com](http://www.nicoledingwell.com)
- 2013-cur **GPS Guide to Personal Solutions – Founder & Director** – Day-to-day operations, including human resources, hiring, finances, record keeping, and year-end reporting. Supervision for state-licensed substance abuse facility. [www.gpslansing.com](http://www.gpslansing.com)
- 2013-2019 EBH PLLC – Private Practice – Therapist – Sex addiction, sex therapy, addiction, and trauma specialist. Clinical supervision for limited license social workers and clinicians earning addiction certificates
- 2013-2013 Jackson, Lenawee, and Hillsdale County Catholic Charities – Criminal Sexual Conduct Therapist – Assessment, Group, and Individual Treatment of State parolee criminal sexual conduct clients. Utilizing VASOR, Static-99 and RNR risk assessment tools, coordinating care and community supervision with state parole officers.
- 2012-2013 Mental Health/Substance Abuse Therapist – Consumer Services Inc./Taylor Life Center – Owosso, Michigan. Individual, couple, child and family treatment for mental health, substance abuse and criminal sexual conduct clients.
- 2010- 2013 Mental Health/Substance Abuse Therapist – St. Vincent Catholic Charities Counseling Services Assessment, treatment planning and intervention with individuals, couples & children. Individual and group treatment for mental health & substance abuse clients. Facilitate substance abuse treatment groups for Michigan Department of Corrections & Federal parolees, including criminal sexual conduct. Implementation and monitoring of government contracts to successfully meet contractual and state obligations.
- 2010- 2011 Case Manager – New Directions/St. Vincent Catholic Charities – Clinical assessment and treatment planning for substance abuse clients referred by Child Protective Services & Family Dependency Drug Court. Provide recommendations for treatment, follow up with treatment providers, coordinate team meetings, complete court reports and provide court testimony.

*Nicole C. Dingwell Frenndt*  
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- 2009-2010 MSW Student Intern - St. Vincent Catholic Charities Counseling Services – Individual, couples, child, family, & group assessment, treatment planning, and intervention for clients with mental health and substance abuse. Facilitate substance abuse treatment groups for the Michigan Department of Corrections parolees. Administrative duties of case review, database development, and coordinating intakes.
- 2008-2009 Wraparound Facilitator - Clinton Eaton and Ingham Counties Community Mental Health. Coordinate Impact System of Care for Severe Emotionally Disturbed Youth in Ingham County. Facilitating team meetings for youth and family systems involved in the juvenile justice system and family court.

**VOLUNTEER SERVICE –**

**State of MI Volunteer Registry** – Disaster response

**Michigan Tri-County Trauma Resource Network** – EMDR Services

**Humanitarian Assistance Program** – EMDR for Disaster Victims, Hosting of EMDR training for therapists in Michigan

**University of Michigan – Clinical & Human Services Management Field Supervisor** – Clinical and management supervision of MSW students

**Michigan State University** – School of Social Work & Human Development and Family Studies Departments  
Field Instructor – 2022 to current, Undergraduate and Graduate Students

**Joint Task Force on Stipends: Pay for Placements Committee** – University of Michigan

**PUBLICATIONS**

**Peer Reviewed Journals**

**Dingwell, N. C., & Timm, T. M. (2008).** Childhood sexuality: What professionals need to know. *The Michigan Child Welfare Journal*.

**PRESENTATIONS**

**Sex Addiction 101** – NASW CEU Seminar November 2012

**Sex Addiction 101** - NASW CEU Seminar January 16, 2013

**Sex Addiction: Recognizing it in Practice** – Thomas S. Gunnings, Ph.D. Memorial Third Friday Speaker Series; JAHO Approved, March 15, 2013

**PROFESSIONAL ASSOCIATIONS**

**National Association of Social Workers**-National & Michigan Chapters

**Association for the Treatment of Sexual Abusers**-Clinical Membership National Chapter

**EMDRIA** - Eye Movement Desensitization and Reprocessing International Association

**AASECT** – American Association of Sexuality Educators, Counselors and Therapists

**IITAP** – International Institute of Trauma and Addiction Professionals

**Somatic Experiencing International** – Professionals utilizing somatic experiencing & Polyvagal theory