

Nicole C. Dingwell Frenndt, LMSW CAADC CCS
(517) 599-1247
Lansing, Michigan USA
admin@nicoledingwell.com

EDUCATION

2022 – 2025 **Doctor of Health Administration** – Central Michigan University-current student
2022 - 2024 **Graduate Certificate: International Health Systems** – Central Michigan University
2009 - 2010 **Master of Social Work** -University of Michigan (Interpersonal – Families and Youth; Minor-Human Services Management)
2006-2009 **Bachelor of Social Work**– Michigan State University (Certificate in Diversity)
1992-1998 **Associate**– General Education (Secondary Music Education Major)

LICENSES

Licensed Master Social Worker - State of Michigan, United States – 6801092564
Licensed Independent Clinical Social Worker – State of Minnesota, United States-32279
Licensed Clinical Social Worker – State of Wisconsin, United States – 11363-123
Licensed Independent Social Worker – State of Ohio, United States - I.2304645
Licensed Clinical Social Worker – State of Florida, United States – SW21814

CERTIFICATES

Clinical Supervisor – Substance Abuse & Clinical – International Certification & Reciprocity Consortium, Michigan Chapter of NASW and Michigan Certification Board for Addiction Professionals (MCBAP)
Certified Sexual Addiction Therapist–International Institute for Trauma and Addictions Professionals
Certified Multiple Addictions Therapist: Financial Disorders, Eating Disorders - International Institute for Trauma and Addictions Professional
EMDR Practitioner – EMDR International Association
Trauma-Focused Cognitive Behavioral Therapy – National Child Traumatic Stress Network, Michigan State University & Western Michigan University
Somatic Experiencing Practitioner – SEI International – in process final year of training
Yoga Teacher RYT500 & Polyvagal Yoga Informed

WORK EXPERIENCE

2019-cur **Anahata Consulting, PLLC – Private Practice – Therapist & Consultant**– Sex addiction, sex therapy, addiction, and trauma specialist. Clinical supervision for limited license social workers and clinicians earning addiction certificates. www.nicoledingwell.com
2013-cur **GPS Guide to Personal Solutions – Founder & Director** – Day-to-day operations including human resources, hiring, finances, record keeping, and year-end reporting. Supervised state-licensed substance abuse facility. www.gpslansing.com
20011-cur **University of Michigan – Clinical & Management Field Supervisor** – Clinical supervision of MSW students, monitor adherence to learning agreements and semester-end evaluation.
2013-2019 **EBH PLLC – Private Practice – Therapist** – Sex addiction, sex therapy, addiction, and trauma specialist. Clinical supervision for limited license social workers and clinicians earning addiction certificates
2013-2013 **Jackson, Lenawee, and Hillsdale County Catholic Charities – Criminal Sexual Conduct Therapist** – Assessment, Group and Individual Treatment of State parolee criminal sexual conduct clients. Utilizing VASOR, Static-99, and RNR risk assessment tools, coordinating care and community supervision with state parole officers.

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- 2012-2013 Mental Health/Substance Abuse Therapist – Consumer Services Inc./Taylor Life Center – Owosso, Michigan. Individual, couple, child, and family treatment for mental health, substance abuse, and criminal sexual conduct clients.
- 2010- 2013. Mental Health/Substance Abuse Therapist – St. Vincent Catholic Charities Counseling Services Assessment, treatment planning, and intervention with individuals, couples & children. St
- 2010- 2011 Case Manager – New Directions/St. Vincent Catholic Charities – Clinical assessment and treatment planning for substance abuse clients referred by Child Protective Services & Family Dependency Drug Court. Provide treatment recommendations, follow up with treatment providers, coordinate team meetings, complete court reports, and provide court testimony.
- 2009-2010 MSW Student Intern - St. Vincent Catholic Charities Counseling Services – Individual, couple, child, family, & group assessment, treatment planning, and intervention for mental health and substance abuse clients. Facilitate substance abuse treatment groups for the Michigan Department of Corrections parolees—administrative duties of case review, database development, and coordinating intakes.
- 2008-2009 Wraparound Facilitator - Clinton Eaton and Ingham County Community Mental Health. Coordinate Impact System of Care for Severe Emotionally Disturbed Youth in Ingham County. Facilitating team meetings for youth and family

PUBLICATIONS

Edited Book Chapters

Dingwell Frenedt, N. (2023). New Zealand: He Waka Eke Noa—We Are All in This Together. In Johnson, J., & DeShore, N. (Eds), *COVID-19 Global Pandemic: The World Responds*. (pp). Sentia Publishing.

Peer Reviewed Journals

Dingwell, N., & Timm, T. (2008). Childhood sexuality: What professionals need to know. *The Michigan Child Welfare Journal*.

Presentations

Dingwell, N., Bizri-Baryak, R., Johnson, J. (2024). Alliance through words: Interpreters bridging language and culture in therapy sessions with refugees [Poster Presentation]. International Social Sciences (2024) “The World on the Move: Understanding Migration in a New Global Age”. Krakow, Poland.

PROFESSIONAL ASSOCIATIONS

American College of Healthcare Executives

American Public Health Association

Association for the Treatment of Sexual Abusers-Clinical Membership National Chapter

EMDR International Association

American Sociology Association

International Association of Schools of Social Work

International Association International Federation of Social Workers

International Leadership Association

National Association of Social Workers- North Carolina International Chapter