

## Nicole C. Dingwell, LMSW CAADC CSAT-S

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### **EDUCATION**

- 2009-2010 MSW – University of Michigan (Interpersonal – Families and Youth;  
Minor-Human Services Management)
- 2006-2009 BSW – Michigan State University (Certificate in Diversity)
- 1992-1998 Associates Degree – General Education (Secondary Music Education Major)

### **Certificates**

- Certified Sexual Addiction Therapist & Supervisor (CSAT-S)* –, International Institute for Trauma and Addictions Professionals
- Clinically Certified Sex Offender Treatment Specialist (CCSOTS)*-National Association of Forensic Counselors
- Trauma Focused Cognitive Behavioral Therapy* – National Child Traumatic Stress Network, Michigan State University and Western Michigan University
- EMDR Practitioner - EMDRIA*
- 500 RYT Teacher - Hilltop Yoga, Hilaire Lockwood*

### **Licenses**

- License Master Social Worker*, Michigan Department of Community Health
- Certified Advanced Alcohol and Drug Counselor (IC&RC)*- Michigan Certification Board for Addiction Professionals

### **WORK EXPERIENCE**

- 2016 – cur Field Instructor – University of Michigan School of Social Work – Supervision of student interns; assessment, treatment and care coordination with Adult and Child Clients focused on Trauma informed care as well as experiential activities
- 2013-cur GPS Guide to Personal Solutions – Founder & Director - Non Profit - Mental Health, Trauma and Addiction Recovery. [www.gpslansing.com](http://www.gpslansing.com)
- 2013-cur Anahata Consulting PLLC – Private Practice – Therapist – Sex Addiction, Criminal Sexual Conduct with youth, adults and developmentally disabled clients. Mental health, trauma and sexual abuse. [www.nicoledingwell.com](http://www.nicoledingwell.com)
- 2013-2013 Jackson, Lenawee and Hillsdale County Catholic Charities – Criminal Sexual Conduct Therapist – Assessment, Group and Individual Treatment of State parolee criminal sexual conduct clients. Utilizing VASOR, Static-99 and RNR risk assessment tools, coordinating care and community supervision with state parole officers.
- 2012-2013 Field Instructor – Michigan State University School of Social Work – Trauma Focused CBT intensive program for MSW Student Interns
- 2012-2013 Mental Health/Substance Abuse/Sex Offender Therapist – Consumer Services

- Inc./Taylor Life Center – Owosso, Michigan. Individual, couple, child and family treatment for mental health, substance abuse and criminal sexual conduct clients.
- 2010- 2013      Mental Health/Substance Abuse Therapist – St. Vincent Catholic Charities Counseling Services - Individual, couple, child, family & group treatment for mental health and substance abuse clients. Clinical Assessment/Treatment Planning (mental health and substance abuse). Facilitate substance abuse treatment groups for the Michigan Department of Corrections parolees, including sexual offenders.
- 2010- 2011      Case Manager – New Directions/St. Vincent Catholic Charities – Clinical assessment and treatment planning for substance abuse clients referred by Child Protective Services & Family Dependency Drug Treatment Court. Provide recommendations for treatment, follow up with treatment providers, coordinate team meetings, complete court reports and provide court testimony. Utilization of SASSI-3 (Substance Abuse Subtle Screening Inventory), ASAM levels of care, Stages of Change, Alcohol Use Disorders Identification Test, Alaska Screening Tool, and Michigan Alcohol Screening Test.
- 2009-2010      1 year Internship, St. Vincent Catholic Charities Counseling Services – Substanced Abuse/Mental Health Therapist. Individual, couple, child, family & group treatment for mental health and substance abuse clients. Facilitate substance abuse treatment groups for the Michigan Department of Corrections parolees, CSC group specific as it was off site.
- 2008-2009      Wraparound Facilitator Internship to Contractual Employee– Clinton Eaton and Ingham County Community Mental Health. Coordinating Impact System of Care for Severe Emotionally Disturbed Youth in Ingham County. Facilitating team meetings for youth and family systems involved in the juvenile justice system and/or substance abuse treatment.
- 1998 – 2008      Office Administrator – White, Schneider, Young & Chiodini, PC. Office administration, human resources, office accounts receivable and billable, payroll, annual budget development, financial reporting, and pension management.

## **PUBLICATIONS**

### **Audio**

**Dingwell, N.** Guest. “Mental Health - Episode 6”. The AM Mayhem Podcast with Mojo and Dave. February 6, 2021.

<https://podcasts.apple.com/us/podcast/the-am-mayhem-podcast-with-mojo-and-dave/id1547122964>

Pilon, Mary & Correa, Carla. **Dingwell, N.** Consultant. “Twisted: The Story of Larry Nassar and the Women who Took Him Down”. Audible Original. 2019.

<https://www.amazon.com/Twisted-Mary-Pilon-Carla-Correa-audiobook/dp/B07SRW1XD1>

**Peer Reviewed Journals**

**Dingwell, N. C., & Timm, T. M. (2008).** Childhood sexuality: What professionals need to know.  
*The Michigan Child Welfare Journal.*

**PRESENTATIONS**

**Sex Addiction 101** – NASW CEU Seminar November 2012

**Sex Addiction 101** - NASW CEU Seminar January 16, 2013

**Sex Addiction: Recognizing it in Practice** – Thomas S. Gunnings, Ph.D. Memorial Third  
Friday Speaker Series; JAHO Approved, March 15, 2013

**PROFESSIONAL ASSOCIATIONS**

**National Association of Social Workers-**

National and State Chapters

**Association for the Treatment of Sexual Abusers** – Clinical Member

**EMDR International Association**