

NICOLE DINGWELL FRENDT, DHA, LMSW

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EDUCATION

Doctor of Health Administration	2025
Central Michigan University	
<i>Dissertation:</i> Deconstructing Social Capital: A Methodological and Comparative Analysis of U.S. County-Level Indices for Population Health	
Committee: Dr. James Johnson (Chair), Dr. Nailya DeLellis, Dr. Dimitri Zikos	
Graduate Certificate: International Health Systems	2024
Central Michigan University	
Master of Social Work	2010
University of Michigan	
Concentration: Interpersonal Practice – Families and Youth; Minor: Human Services Management	
Bachelor of Social Work	2009
Michigan State University	

RESEARCH INTERESTS

Social capital measurement; population health; composite indicator methodology; community-level health determinants; mental health outcomes; cross-cultural communication in mental health and physical health settings

PUBLICATIONS

Book Chapters

Dingwell Frendt, N. (2023). New Zealand: He Waka Eke Noa—We Are All in This Together. In J. Johnson & N. DeShore (Eds.), *COVID-19 Global Pandemic: The World Responds*. Sentia Publishing.

Peer-Reviewed Articles

Dingwell, N., & Timm, T. (2008). Childhood sexuality: What professionals need to know. *The Michigan Child Welfare Journal*.

MANUSCRIPTS IN PREPARATION

Dingwell Frendt, N. What are social capital indices really measuring? A construct analysis. Target: *Social Indicators Research*.

Dingwell Frendt, N. A comparative analysis of U.S. county-level social capital indices and mental health outcomes. Target: *Social Indicators Research*.

PRESENTATIONS

Dingwell, N., Bizri-Baryak, R., & Johnson, J. (2024). Alliance through words: Interpreters bridging language and culture in therapy sessions with refugees [Poster Presentation]. International Social Sciences Conference, Krakow, Poland.

TEACHING EXPERIENCE

Adjunct Faculty & Field Supervisor 2025–Present

Touro University, MSW Online Global Program

Course: Human Development – Person in Environment

Clinical and administrative supervision of MSW students at field placement

Clinical & Management Field Supervisor 2011–2025

University of Michigan School of Social Work

Clinical supervision of MSW students; evaluation of learning agreements

MANAGEMENT EXPERIENCE

Founder & Executive Director 2013–Present

GPS Guide to Personal Solutions (Nonprofit)

State-licensed substance abuse treatment facility; nonprofit reporting; personnel management; office operations

CLINICAL EXPERIENCE

Private Practice Therapist, Anahata Consulting, PLLC 2019–Present

Trauma and addiction specialist; clinical supervisor

Private Practice Therapist, Elements Behavioral Health, PLLC 2012–2019

Trauma and addiction specialist; clinical supervisor

LICENSES & CERTIFICATIONS

Licensed Master Social Worker – Michigan

Licensed Independent Clinical Social Worker – Minnesota

Licensed Clinical Social Worker – Wisconsin, Florida

Licensed Independent Social Worker – Ohio

Certified Sex Addiction Therapist-Supervisor (CSAT-S), 2013

Certified Nonprofit Professional – Nonprofit Leadership Alliance

Clinical Supervisor – Substance Abuse & Clinical (ICRC)

PROFESSIONAL ASSOCIATIONS

American Public Health Association

American Sociology Association

Association of University Programs in Health Administration

International Association of Schools of Social Work

International Federation of Social Workers

National Association of Social Workers